

Education

Doctoral Physical Therapy Program Virginia Commonwealth University	2008
Bachelor of Science in Physical Therapy Cum Laude	Howard University, 1982 Washington, DC

Professional Licensure and Certifications

Neurology Sections Special Interest Groups (2009-present)
Balance and Falls
Brain Injury
Degenerative Disease
Spinal Cord Injury
Stroke
Society for Disability Studies (2009-present)
Virginia State Board of Physical Therapy Direct Access (2009-present)
Virginia State Board of Physical Therapy (1982-present)
Maryland State Board of Physical Therapy (1983-1990)
Washington, DC Board of Physical Therapy (1983-1990)
Neurodevelopment Treatment of Adult Hemiplegia Certification (1986)

Committees

Chapter Programs Committee of the National Capital Chapter, National MS Society
September 1999-December 2005

Advanced Physical Therapy and Rehabilitation Center, LLC 1995-Present

Founder and CEO

- Owner of private practice that provides skilled rehabilitation services to neurologically impaired clients.
- Direct supervisor of full-time, part-time and PRN staff
- Responsible for evaluating, developing, and implementing individualized treatment programs for all clients
- Consults and collaborates with occupational therapists and speech language pathologists for holistic treatment approaches and best practice
- Collaborates with vendors regarding equipment and technology to enhance treatment
- Credentialed service provider for Medicare and multiple national healthcare companies
- Assists in quarterly quality assurance reviews of clinical documentation and business systems with trained healthcare expert for compliance with healthcare and licensing agencies policies
- Regulatory compliance-routinely monitors changes/revisions in policies and procedures to ensure regulatory compliance with state and federal healthcare agencies and state licensing boards
- Oversees and manages all business finances
- Writer for healthcare publication
- Provides educational seminars to physicians, healthcare providers and non-professionals regarding diagnosis and best treatment practices for neurological impaired adults at the state and national level
- Mentors undergraduate and graduate students interested in the physical therapy profession

Neurology Center of Fairfax, Ltd
Director of Rehabilitation Services

1985-1995

- Managed daily operations and provided clinical supervision to 13 physical, occupational and speech therapists
- Responsible for interviewing, hiring, training, and completing performance reviews for all departmental personnel
- Responsible for quality assurance, resource management, staffing/scheduling, fiscal budgets, coordination of patient care, and staff development for outpatient neurological practice

Therapy Associates of Northern Virginia, Ltd.
Managing Director

1990-1994

- Provided clinical supervision to 30 physical, occupational, and speech therapists in home health rehabilitation services
- Evaluated, developed, and implemented treatment plans for clients requiring physical therapy services
- Responsible for interviewing, hiring, and completing performance evaluations for staff
- Coordinated and managed patient care and service contracts

National Orthopedic and Rehabilitation Hospital
Staff Physical Therapist

1982-1985

- Provided physical therapy to acute inpatient and outpatient populations
- Completed clinical rotations (joint replacements, neurosurgery, acute rehabilitation, arthritis),
- Assisted with screenings and patient referrals for admission to inpatient rehabilitation unit.
- Supervised physical therapy students and rehabilitation aides.

Professional Affiliations

- American Physical Therapy Association- Neurology, Private Practice, and Geriatric Sections -Member
- Virginia Physical Therapy Association-Member

Articles

- "Health and Wellness-Exercise for Individuals Experiencing Weakness" The Motivator MSA; Fall 2006

Presentations and Workshops (Invited Speaker)

- October 2003- "Rehabilitation of MS Patients- What Nurses Should Know"; Washington, DC

- March 2004- "Exercising with MS", Multiple Sclerosis Association of America; Fredericksburg, VA
- May 2004 - "Exercising with MS", Multiple Sclerosis Association of America, National Health Fair; San Diego, CA
- May 2006- Fairfax Hospital Education Series: "Exercising with MS", National Multiple Sclerosis Association; Fairfax, VA
- 1997-2007- "Exercising with MS", Patient and Care-partner Support Group; Fairfax, VA (Annual Event)
- June 2008- "Exercising with MS", Neurology Center of Fairfax, Multiple Sclerosis Support Group Meeting; Vienna, VA

Continuing Education

April 2000- Observational Gait Analysis

May 2001- Motion Analysis

July 2001- Vestibular Rehabilitation

May 2002- Advanced Gait Analysis

November 2003- The Aging Brain/The Rejuvenated Brain

January 2004- Topics in Physical Therapy- Neurology

April 2004- CVA/Neurological Treatment Program for the Hand Using Functional Tone

Management System

June 2004- International Consortium of Multiple Sclerosis

May 2006- MS Nursing: The Spectrum of Caring

May 2007- International Consortium of Multiple Sclerosis

June 2008- Parkinson Disease Symposium

June 2008- Relearning Kinesia Treatment for Parkinson's Disease and Related

Movement Disorders

June 2008- Let's Roll! The Art of performing Seating and Mobility Evaluations

June 2008- Gait Concepts and Gait Management